

Dog Training Problems...Solved

By: Michael Whitman

Okay. I would first of all like to thank you for taking the time out of your day to download this free report. I know that it takes a lot of trust to deal with anyone online. There are a lot of people out there who simply want to make a buck, and they are more than happy to sell or promote a product that is less than stellar in order to do so. So, because of that, I wanted to thank you once again for having the trust to take the little bit of effort to download this report.

Okay, so let's get started.

Now as I am sure you are aware, any dog and all dogs are anything but free of problems. There are going to be issues you are going to encounter during your dog ownership that will frankly just baffle you. There will be things that come out of the blue. There will be other things that you have gotten used to for the most part but still find slightly annoying or irritating.

Now, many dog owners just kind of chalk it up to the fact, well this is a dog, this is how it's going to behave. But obviously if you are seeking a solution to these problems, they are bothersome enough for you to want to resolve them. Now, I applaud you for that effort because here's the good news. The good news is that for the most part, any behavior that you don't like about your dog can be easily remedied. Now, when I say easily, that does not mean it can be changed overnight. No matter how much training information you read, you are not dealing with a robot here. You are not programming a robot that's going to obey every command exactly how you want it to do it and exactly when you want it to do it. So you are dealing with a living, breathing animal here. But, with a little bit of knowledge and a little bit of effort, that living, breathing animal, the dog, that you are in love with, that you have such a fondness for, can

become even a closer friend than it is already. So, that is the good news. Now, as I said, it's not going to happen overnight. There is a little bit of work, a little bit of effort involved.

The biggest step, frankly, you have already taken. You have taken the initiative to search out a solution. You are no longer passive, sitting there hoping that your dog's behavior is going to change, wishing that your dog's behavior is going to change, and doing nothing proactive in order to ensure that those changes do happen. The easiest way, the most effective way for us to get started, is to go over ten of the most common behavior problems that people face with their dogs. Now, these are general categories of problems. In order of popularity, they are:

- (1) dog aggression
- (2) dog barking
- (3) dog jumping up
- (4) dog digging
- (5) your dog running away
- (6) dog marking his territory
- (7) dog whining
- (8) dog chewing
- (9) dog nipping
- (10) dog fear of noise

We are going to talk about these one by one very quickly just to give you somewhat of an overview. I hope you understand within the limits of this free report we are not going to be able to solve these problems completely, but I believe we will be able to shed some light and provide some insight that you should find very helpful.

Now in going over these problems some may not apply to you, but I would encourage you to read every section thoroughly. You are going to find overarching themes, things that are constant that are going to come up over and over again as almost causal reasons; the reason that something is happening that is causing these behavior problems.

So let's start with number one, dog aggression. Now more than 4.3 million people every year are bitten by dogs. That is about 2 percent of the population of the United States. The most common reason (a) you have the reasoning that the dog is an animal and it is going to behave as such. It has natural instincts. It is always no matter what behavior it is engaged in, good or bad, playing to those instincts. Now the good thing about dogs, the reason that they are so loved as pets is because they have been bred to be domesticated animals. So that means that one of the dog's instincts is to try to please. So along with this being a symptom of a dog being a dog there is also (b) which is that dogs have an instinct towards a pack society. Now what this means is that there is a hierarchy of respect that a dog will give other dogs and/or humans according to how the dog perceives you in the hierarchy. So to make it more clear, if you are clearly an authority figure to that dog it is much less likely to engage in some of the behaviors that we do not appreciate such as dog aggression or the dog biting you. The reason for that is that if you are seen as the authority figure, the alpha of the pack, then your dog would not dare play in a certain manner.

So for example, let's say there are two members of your household; one has trained the dog from the beginning. There is a certain bond relationship with the dog. Many people now mistake this and say well, the dog loves me but hates my husband, that is why he bites him. And

that is not really accurate. It is somewhat of an oversimplification. It is not so much about love, it is how the dog perceives you versus your husband. Say you have trained the dog from the day you brought it home from the breeder, pet store, shelter, or pound, and you have been constant with this dog. You are the one giving it treats. You are the one responding to its behavior. And let's say your husband or boyfriend or significant other, whoever it may be, even a friend, encounters the dog and the dog jumps up on the friend or the dog bites the friend. This is someone that the dog just does not perceive as being higher than it in the social standing of your little household pack. So in that case the dog feels more freedom to do certain things.

A perfect example would be let's say at work you may say you act a certain way with your coworkers who are in the same job as you with the same title or even with someone of a lower job title in your company where you work than you would with your boss or the head of the company. You are going to be much more guarded with your boss, much more careful about everything you do than you would be with the buddy that is in the next office or next cubicle or the next desk. The same is true with your dog.

So now as far as number two, which is dog barking, now dogs bark for many reasons. Sometimes it is simply to welcome you home, sometimes they bark if they are scared. Some bark and whine, howl for hours at a time depending on the breed. Other dogs rarely bark. For example a beagle is known to howl for literally hours at a time. I used to have a neighbor who had a baby Beagle and at 7:00 if the gentleman would go running and left his Beagle at home you could be guaranteed that Beagle is going to essentially wake up the neighborhood.

The dog could howl so loudly and then for so long. Frankly it was depressing. It was hard to listen to because in that case the dog was lonely, left home alone and was trying to signal for someone to come. But the barking is essentially just the dog's form of communication and the fault with most dog trainers is that there is very little understanding of what dog barking means in any individual circumstance.

And that is something that is a shame. You expect your dog to respond when you say heel or come or down. It is known that dogs can understand 200 words. I know some people that I think know less than 200 words. But it is amazing to believe that. But as a dog owner we certainly know less than 200 of our dog's barks and what they mean. Over time you kind of get an understanding. But this is something that dog behavioralists understand but dog trainers rarely do, and there is a big difference. This is one of the keys that I discuss in my email newsletter, something that can really open up a whole new world of interaction with your dog. Essentially imagine having conversations with your dog because your dog understands you and you understand your dog right back. It is a sign of respect. It is a sign of allowing you to further deepen that relationship that you have with your dog.

Now problem number three is the dog jumping up. Now this one is something that frankly is very easy to train out. Dogs jump for a variety of reasons, let's cover that first. Mainly it is simply out of excitement. Dogs when they are excited usually pounce, jump to what they are excited about. So for the dog it is a very natural instinct.

Now to undo this because if the UPS guy comes to the door or the mailman or your friend and you are about to go out for the evening and you are dressed up the last thing you want is dog hair on your outfit and your friend getting uncomfortable. We can even go so far as dogs getting so excited that when they jump they will actually pee on the person they are jumping on. Now that is embarrassing for you, the dog owner, and it certainly is embarrassing for the person who just got peed on. Now to resolve jumping though it is a very easy problem to fix. We can go into it a little bit here, but because space is small I will have to limit the details I can give. But essentially you need a command such as "off" that tells the dog that it should not be jumping.

Now most people if they get jumped on, and you will need to educate your friends and family members and set up kind of a mock, kind of a trial for this behavior. But most people will pet the dog. They will push the dog away. They will look at the dog. So the dog is getting exactly what it wanted when it jumped which is attention. So everyone needs to know that if the dog jumps---ignore it. No negative reinforcement, no hitting the dog or anything of that nature ever.

Certainly no petting or positive reinforcement. Your dog should be able to sit, follow that command when a knock is heard at the door or when the doorbell is rung. And then when the dog remains seated you obviously give him a treat and if the dog jumps up it is ignored; and if it does jump up the "off" command is given. Make sure the dog sits. When the dog sits calmly then you praise and reward the dog with treats, etc., etc. That is the 20-second solution to that problem. It is a problem that many people face. If it is something you face with your dog then I hope that helps you out a bit.

Number four is dog digging. Now this one is a little trickier. Dogs dig for a number of reasons. With some breeds it is essentially bred into the dog. Sometimes it is because they want to cool off when it is hot in the summer. Some dogs even do it as a form of nesting just for their comfort. Other dogs are doing it because they are going after some food or something they smell. Some dogs dig because they really enjoy it. Others dig when they have nothing better to do. To try to discourage digging, if your dog is digging because it is hot you can take him inside or you can present some kind of cool spots for the dog to hang out in, something shaded, something with shelter. If your dog is digging out of boredom then you need to provide an alternative to the digging method; and if your dog is digging this is when the affirm command of "no" or "stop" is necessary. I prefer to keep those commands separate. Use one in every day situations. Use another when it is something crucial such as that horrible moment if your dog starts taking off towards the road when there is a car coming. You want to use a command that that dog knows cannot be disobeyed so your dog will stop dead in its tracks without being injured. This is another topic that is discussed heavily in my free email newsletter. So, keep that in mind.

Now, number 5, your dog running away we covered just a bit ago. A lot of it is just breed related. Sometimes it can be the dog wanting to mate and its reproductive drive is causing it to run. But boredom can also play a part. There are social reasons, such as fear. And essentially the solution to this is a longwinded, more complex solution, but here I will make it short. The solution here is just proper training. A well-trained dog will not roam, will not run away because they will simply know better.

Now another problem, number 6 is marking, your dog marking its territories. This is usually a male behavior. A lot of this if it happens inside the house is simply because the dog has done it before and it can smell, even after you have cleaned it up, its urine soaked into the carpet or the floor. The only way to initially stop that behavior is to make sure you use an enzyme cleaner that neutralizes that odor, and these can be bought at any pet store. And they are an absolute necessity because the dog's nose can smell a lot more than yours can and that ability will allow it to sniff out any spots where it has eliminated in the house in the past, and it will use that almost as a kind of permission for it to do it in the future.

Now the next problem, 7, is dog whining and we covered this a little bit earlier. As you see a lot of these are overlapping. Often this is a puppy problem. There is actually a book that was written, it is short, but thorough, that covers puppy/dog training. I have sold that report for about \$40.00 in the past. But, I am happy to give that to you free as an ‘introduction on proper training’. I am happy to give that to anyone who requests it for free. The best way to request it is to sign up for the newsletter—I tell you how later—and the newsletter will contain details about how to get the free training course. That course covers dog whining and puppy training behavior issues as well as issues for older dogs. But essentially there are multiple types of whining. Sometimes it is because they want attention. Other times it is out of nervousness or anxiousness. The example earlier about my neighbor’s beagle covered both of those reasons. Sometimes it is when your dog is in pain. You should be able to recognize that and that means it is time for an emergency trip to the vet. This is also why I said under the barking section that communicating with your dog is a two-way street. It is not only your dog recognizing

commands, it is you recognizing the communication abilities of your dog. So knowing what type of whining at any given moment is very important. And sometimes it is kind of like a baby in a crib that knows well, when I cry I get attention. Sometimes dogs do that exact same thing.

Now chewing, number 8, this is a big behavior problem that leads to some extensive problems within the house. Oftentimes it is anxiety related. When it is puppies it is oftentimes playfulness, curiosity. A simple solution that I can provide in this space here is that you often need to just figure out how to keep your dog slightly more entertained, give him a little more attention and that should help. The real answer is that this is another symptom that your dogs needs some training, especially so that it knows it is not the alpha...that you are.

Now there is also nipping, 9, which is kind of biting but a little more playful. This is simply poor training. It is poor training 101. This can start as early as three weeks, which is before any dog should be sold and it is something that naturally a mother will train out of her puppy to some extent but the rest of the job has to be done by you.

And the last issue, number 10, is fear of noise. The most common is thunderclaps. Now dog fears, they can often bark based on one frightening event that kind of makes your dog more skittish than it had been in the past. Sometimes it happens over time. A big solution to this is to have your dog crate trained so that it has a den, it has a comfortable place. Now people usually are misinformed and believe that crates are a negative thing, kind of a jail for your dog. That could not be further from the truth. Dogs like being pack animals and in addition they like having a den, a little spot, a little house of their own. This is a place that should never be used

for punishment. It should be used when you are not home so that the dog is put away and is limited in any kind of trouble it can cause. The sanctity of the den should be very well maintained so that the dog can never go to the bathroom or eliminate in that crate, in the den. Once they do so they will get used to it and then it becomes the exact opposite of what you want for training and potty training especially. This, of course, is another whole book in and of itself.

And now I hope you have learned a good bit about common dog problems, what causes them, solutions for them. This is a subject matter I absolutely love. There is nothing more rewarding than helping happy dog owners become even happier with their favorite pet and helping some people who have a pet they thought would be a loved member of the family that has become more of a burden or hassle—as horrible as that sounds. Some people get very frustrated with their new dog or even a shelter dog or adopted dog. And there is nothing more rewarding than helping those people bond and have a stress-free, trouble-free relationship with their dog.

Now this is a small taste of this topic because I said this would be a short report and I wanted to keep my word. However, I know that most of you will be hungry for more, so I strongly recommend you sign up for my “secret” newsletter list. I want to state from the start that I don’t spam and the “No B.S” rule I stated when you downloaded this report goes for my newsletter as well. And this isn’t a regular newsletter. It is ONLY for the people who have read this report completely and have gone to the private webpage.

So if you are reading this your next step is to go to <http://www.dogtrainingmethod.com/secret.html> right away. This report is the only time and the only place you will see that url...so go there now.

Also, as I said earlier the best way to get my FREE Dog and Puppy Training Manual—a helpful resource for anyone with a dog--- is to signup for this newsletter, this is not something that is publicly available. It is only available if you click the link and signup today. You can do so below:

<http://www.dogtrainingmethod.com/secret.html>

I hope you have found this report helpful. I have been told that this free report had more 'meat' in it than many dog ebooks that people have paid \$30 for. I hope you agree.

Sincerely,

Michael Whitman